

STUDENTS NAME		PHONE	Instructors comments	Instructors
				Initials
Do-San	Meaning of pattern			
	Number of moves			
	New stance	name and define		
	returning foot			
	Step turn	1,2,3 steps, proper execution		
	Walking stance, outerforearm high side block	1/2 facing shoulder-line eye level		
	Walking stance, backfist high side strike			
	W/S straight fingertip thrust + releasing motion	proper foot position for releasing motion		
	w/s outerforearm wedging block	application + demonstration + understand the 25 degree step to corner		
	fast motion combination	demonstration each direction		
	Pattern Do-San			